GRAVES COUNTY HEALTH DEPARTMENT

**416 CENTRAL AVENUE**

**MAYFIELD KY 42066**

**270-247-3553**

“Where Your Health Is Our Department”

For Immediate Release

Date – 4-04-2020

From- Noel Coplen, Public Health Director

**GRAVES COUNTY HEALTH DEPARTMENT ANNOUNCES FOURTH CASE OF COVID-19 IN GRAVES COUNTY**

Graves County – The Graves County Health Department today announced the fourth confirmed case of coronavirus disease (COVID-19) in Graves County.

* A Graves County resident in her 30’s tested positive for COVID-19. She is in isolation in her home.

“As our cases in Graves County continue to increase I know that each of us will put others first to prevent illness to our friends and family. We do that by treating everyone like they have COVID19 because we might actually have it and do not know it.” commented Noel Coplen, Director of the local health department.

These cases reinforce the importance of actions the public can take to protect themselves and prevent the spread in the community.

**What The Local Health Department is Doing:**

To help limit the spread of COVID-19, social distancing steps have been taken by our community. Many are sacrificing and we do not need to allow their sacrifice to be given in vain by not making good decisions with social distancing.

**What The Public Can Do:**

* STAY CALM: You are not alone in this. Your community is here to support you. Talk to your friends and family and let them know if you are having concerns.
* STAY APART: Keep at least 6 feet away from others including while shopping for life-sustaining essentials. Avoid the lines by taking advantage of pick-up or delivery services for groceries and other goods.
* STAY PUT: Keep non-essential trips to a minimum and cancel your travel plans. Unless it is essential you go out, stay home.

Be mindful of those who are at greater risk for contracting this virus, including older adults and those with underlying health conditions. Those more at risk should ask others to help with their life sustaining activities, i.e. food, medications or other necessities.

*Call your healthcare provider:*

If you experience fever, cough, and shortness of breath (flu like symptoms), stay home and call your healthcare provider before going to a healthcare facility. Inform them of your symptoms.

**For more information:**

Go to KY COVID-19 website.

* Kycovid19.ky.gov

For general questions about COVID-19, call the KY COVID-19 hotline at 1-800-722-2725 or the Graves
County Health Department at 270-247-3553